

## Test-Taking Skills: Diagnostic Inventory

Circle or track the number in the column that best describes you.

	Never	Rarely	Generally	Frequently	Always
Do you get plenty of rest the night before the test?	1	2	3	4	5
Do you take tests without too much anxiety?	1	2	3	4	5
Do you arrive early to your classroom the day of the test?	1	2	3	4	5
Do you preview the test before writing anything?	1	2	3	4	5
Do you plan how much time to allow for each section?	1	2	3	4	5
Do you make sure you are following directions by underlining key words?	1	2	3	4	5
Do you answer the easiest questions first?	1	2	3	4	5
Do you answer all questions (unless the directions say otherwise)?	1	2	3	4	5
Do you check all answers carefully?	1	2	3	4	5
Do you use all the time allotted for the test?	1	2	3	4	5
Do you use specific strategies in taking multiple-choice, true/false, and short answer tests?	1	2	3	4	5

Subtotals:                    \_\_\_\_\_X1    \_\_\_\_\_X2    \_\_\_\_\_X3    \_\_\_\_\_X4    \_\_\_\_\_X5

Add your subtotals to find your final score:

The lower your score, the more likely it is that you could use some help. Schedule an appointment with LSS!